

2026 THSPA Region V Division II, III, IV and UNEQUIPPED Powerlifting Championships

The 2026 Region V Division II, III, IV and UNEQUIPPED Powerlifting Championships will be held at the JK NORTHWAY COLISEUM in KINGSVILLE, TX. It is located in Dick Kleberg Park at 501 E Escondido Rd, Kingsville, TX 78363. Attached are the dates for each indicated meet/weigh-ins for each division. Please read carefully.

Tuesday, March 10 – Unequipped Regional Championships

Friday, March 13 – Division 4 Championships (AM)

Friday, March 13 – Division 3 Championships (PM)

Saturday, March 14 – Division 2 Championships

Weigh Ins

Unequipped

Monday, March 9 @ 2pm – check-in/weigh-ins

Tuesday, March 10 @ 7am –Day of weigh-ins

Division 4

Thursday, March 12 – 12 pm NOON – check-in/weigh-in

Friday, March 12 – 630 am Day of weigh-ins

Division 3

Thursday, March 12 – 1:30 pm check-in/weigh-in

Friday, March 13 – 11:00 am Day of weigh-ins

Division 2

Friday, March 13 @ 12:30 pm – check-in/weigh-in

Saturday, March 14 630 am – day of weigh-ins

Regional Meet Reminders:

1. Any school that did not pay their dues by the deadline will have to pay an extra \$200 fine or their lifters will not be able to participate in the regional meet if they have made it.
2. If a qualifying lifter of your team cannot compete, please verify with me ASAP so I can make the proper adjustments. We will be lifting top 12 lifters of each weight class this year. Any alternates after the 12th spot are encouraged to come but a different check will need to be made out for them if they lift, because there will be NO REFUNDS if the first check is made out for over the amount. No change will be available. Monday, March 2 (4 pm) will be the day you must declare the weight class your lifter will compete in, if he has qualified in more than 1 weight class. Please email your declarations to lperez1@bishopcisd.net. You are responsible for all entry fees of your lifters, whether they compete or not, by the date provided above.

Make sure all your lifters' totals are correct. If any mistakes are found, please advise me ASAP.

3. Checklist:

- Entry Fees - \$40 per lifter
- Make checks to "Bishop Powerlifting"
- Eligibility Form (principal or superintendent signature needed)
- Drug Affidavit
- Regional/State Release and KLEBERG COUNTY/BHS Release Form. These forms can all be found on the THSPA website. Those advancing to the state meet will not be required to provide the paperwork again.

4. All lifters must compete in proper uniform. For any questions, please see the rulebook.

5. Concession stands and Regional T-shirts will be available for purchase.

6. NO ICE CHESTS OR FOOD WILL BE ALLOWED IN THE COLISEUM. Please be considerate of this rule. Clear bag policy is in effect at this venue.

7. Tickets will be sold online through hometown ticketing. This link can be found on our school website. www.bishopcisd.net

8. Extra help is always need, so if you are able to provide help for the meet, please let me know and we will provide them with a t-shirt and feed them for the meet.

9. Wrapper bands will be \$10 each.

- 1-3 lifters - 1 extra band allowed,
- 4-7 lifters - 2 bands,
- 8-12 lifters - 3 wrappers
- 12+ lifters - 4

10. All vehicles will be required to purchase a parking pass for \$5.

11. We will be running 6 platforms each day. We will have two weight classes per platform and flight each weight class. A warm-up area will be setup so that we may roll into the flights accordingly.

Check the GroupMe and website periodically for any changes or updates. Everything is usually there for everyone to read. All finalizations will be finalized 24-48 hrs after declarations. Remember, you are financially responsible for fees up to the Monday of lifting week.

As usual, we dedicate this year's regional meet in memory of longtime Badger Coach/AD,
Coach George Luna.

Lazaro Perez - R5 Unequipped/D2/D3/D4 Director